



Olympic Games Tokyo 2020  
Session Competition Schedule  
Version 4

6 December 2018

| VENUE                        | SPORTS / DISCIPLINE            |                          | -2            | -1            | 0             | 1             | 2             | 3             | 4             | 5             | 6             | 7             | 8             | 9             | 10            | 11            | 12            | 13            | 14            | 15            | 16            |
|------------------------------|--------------------------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
|                              |                                |                          | 22 JUL<br>Wed | 23 JUL<br>Thu | 24 JUL<br>Fri | 25 JUL<br>Sat | 26 JUL<br>Sun | 27 JUL<br>Mon | 28 JUL<br>Tue | 29 JUL<br>Wed | 30 JUL<br>Thu | 31 JUL<br>Fri | 1 AUG<br>Sat  | 2 AUG<br>Sun  | 3 AUG<br>Mon  | 4 AUG<br>Tue  | 5 AUG<br>Wed  | 6 AUG<br>Thu  | 7 AUG<br>Fri  | 8 AUG<br>Sat  | 9 AUG<br>Sun  |
| Olympic Stadium              | Opening and Closing Ceremonies |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              | Athletics                      |                          |               |               |               |               |               |               |               |               |               | 09:00 - 13:30 | 09:00 - 13:00 | 10:00 - 13:00 | 09:00 - 13:00 | 09:00 - 13:00 | 09:00 - 13:00 | 09:00 - 15:00 |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 23:00 | 19:00 - 22:00 | 20:00 - 23:00 | 19:00 - 22:00 |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/SF/F      | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/SF/F      | M/W/SF/F      | M/W/F         | M/W/F         |               |
|                              | Athletics                      | (Marathon)               |               |               |               |               |               |               |               |               |               |               |               | 07:00 - 10:30 |               |               |               |               |               |               | 07:00 - 10:00 |
|                              | Football                       |                          |               |               |               |               |               |               |               |               |               |               |               | W/F           |               |               |               |               |               |               | M/F           |
| Tokyo Metropolitan Gymnasium | Table Tennis                   |                          |               |               |               |               |               |               |               |               |               |               |               | 10:00 - 13:00 | 10:00 - 13:00 | 10:00 - 13:00 | 10:00 - 13:00 | 11:00 - 14:00 | 11:00 - 14:00 |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               | 14:30 - 17:30 | 14:30 - 17:30 | 14:30 - 17:30 | 14:30 - 17:30 |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:10 | 19:00 - 22:10 |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               | M/W           | M/W/QF        | M/W/QF/SF     | M/W/SF        | W/F           | M/F           |               |               |
| Yoyogi National Stadium      | Handball                       |                          |               |               |               |               |               |               |               |               |               |               |               | 09:30 - 12:45 | 09:30 - 12:45 | 09:30 - 12:45 | 09:30 - 11:30 | 09:30 - 11:30 |               |               | 11:00 - 13:00 |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               | 14:30 - 17:45 | 14:30 - 17:45 | 14:30 - 17:45 | 14:30 - 17:45 | 13:15 - 15:15 | 13:15 - 15:15 |               | 15:00 - 17:30 |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               | 19:30 - 22:45 | 19:30 - 22:45 | 19:30 - 22:45 | 19:30 - 22:45 | 17:00 - 19:00 | 17:00 - 19:00 | 17:00 - 19:00 |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               | 20:45 - 22:45 | 20:45 - 22:45 | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:30 |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               | M/QF          | W/QF          | M/SF          | W/SF          | M/F           |
| Nippon Budokan               | Judo                           |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              | Karate                         | Kata<br>Kumite           |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               | 09:00 - 14:30 | 09:00 - 14:20 |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               | 17:00 - 21:15 | 17:00 - 21:15 | 14:00 - 20:35 |               |
| Imperial Palace Garden       | Athletics                      | (Race Walk)              |               |               |               |               |               |               |               |               |               | 07:00 - 09:00 |               |               |               |               |               |               | 07:00 - 09:30 | 06:00 - 10:30 |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               | M/F           |               |               |               |               |               |               | W/F           | M/F           |               |
| Tokyo International Forum    | Weightlifting                  |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Kokugikan Arena              | Boxing                         |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Equestrian Park              | Equestrian                     | Dressage                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              | Equestrian                     | Jumping                  |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              | Equestrian                     | Eventing                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Musashino Forest Sport Plaza | Badminton                      |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              | Modern Pentathlon              | [Fencing Ranking Round]  |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Tokyo Stadium                | Football                       |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              | Rugby                          |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              | Modern Pentathlon              |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Musashinonomori Park         | Cycling                        | Road (Road Race [Start]) |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Ariake Arena                 | Volleyball                     | Volleyball               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                              |                                |                          |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |               |



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|---------------------------------|---------------------|--------------------------|---------------|---------------|---------------|------------------------------------------------------|------------------------------------------------------|---------------|---------------|---------------|---------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|                                 |                     |                          | 22 JUL<br>Wed | 23 JUL<br>Thu | 24 JUL<br>Fri | 25 JUL<br>Sat                                        | 26 JUL<br>Sun                                        | 27 JUL<br>Mon | 28 JUL<br>Tue | 29 JUL<br>Wed | 30 JUL<br>Thu | 31 JUL<br>Fri | 1 AUG<br>Sat | 2 AUG<br>Sun | 3 AUG<br>Mon | 4 AUG<br>Tue | 5 AUG<br>Wed | 6 AUG<br>Thu | 7 AUG<br>Fri | 8 AUG<br>Sat | 9 AUG<br>Sun |
| Ariake Gymnastics Centre        | Gymnastics          | Artistic                 |               |               |               | 10:00 - 12:30<br>14:30 - 17:00<br>19:30 - 22:00<br>M | 09:30 - 13:05<br>15:10 - 18:45<br>20:20 - 22:00<br>W |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Gymnastics          | Rhythmic                 |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Ariake Urban Sports Park        | Gymnastics          | Trampoline               |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Ariake Tennis Park              | Cycling             | BMX Freestyle            |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Cycling             | BMX Racing               |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Skateboarding       | Street                   |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Skateboarding       | Park                     |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Odaiba Marine Park              | Aquatics            | Marathon Swimming        |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Triathlon           |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Shiokaze Park                   | Volleyball          | Beach Volleyball         |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Aomi Urban Sports Park          | Basketball          | 3x3                      |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Oi Hockey Stadium               | Sport Climbing      |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Sea Forest Cross-Country Course | Hockey              |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Sea Forest Waterway             | Equestrian          | Eventing [cross-country] |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Canoe               | Sprint                   |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Rowing              |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Kasai Canoe Slalom Centre       | Canoe               | Slalom                   |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Yumenoshima Park Archery Field  | Archery             |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
| Tokyo Aquatics Centre           | Aquatics            | Swimming                 |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Aquatics            | Diving                   |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 |                     |                          |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |
|                                 | Aquatics            | Artistic Swimming        |               |               |               |                                                      |                                                      |               |               |               |               |               |              |              |              |              |              |              |              |              |              |



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|----------------------------------|---------------------|--------------------------------------------------|---------------|---------------|---------------|-----------------|-----------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
|                                  |                     |                                                  | 22 JUL<br>Wed | 23 JUL<br>Thu | 24 JUL<br>Fri | 25 JUL<br>Sat   | 26 JUL<br>Sun   | 27 JUL<br>Mon | 28 JUL<br>Tue | 29 JUL<br>Wed | 30 JUL<br>Thu | 31 JUL<br>Fri | 1 AUG<br>Sat  | 2 AUG<br>Sun  | 3 AUG<br>Mon  | 4 AUG<br>Tue  | 5 AUG<br>Wed  | 6 AUG<br>Thu  | 7 AUG<br>Fri  | 8 AUG<br>Sat  | 9 AUG<br>Sun  |
| Tatsumi Water Polo Centre        | Aquatics            | Water Polo                                       |               |               |               |                 | 10:00 - 12:40   |               | 10:00 - 12:40 |               | 10:00 - 12:40 |               | 10:00 - 12:40 |               | 10:00 - 12:40 |               |               |               |               | 09:30-12:10   | 09:30-12:10   |
|                                  |                     |                                                  |               |               |               | 14:00 - 16:40   | 14:10 - 16:50   | 14:00 - 16:40 | 14:10 - 16:50 | 14:00 - 16:40 | 14:10 - 16:50 | 14:00 - 16:40 | 14:10 - 16:50 | 14:00 - 16:40 | 14:10 - 16:50 | 14:00 - 16:40 | 14:00 - 16:40 | 14:00 - 16:40 | 14:00 - 16:40 | 13:40-15:00   | 13:40-15:00   |
|                                  |                     |                                                  |               |               |               | 18:20 - 21:00   | 18:20 - 21:00   | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 18:20 - 21:00 | 16:30-18:20   | 16:30-18:20   |
|                                  |                     |                                                  |               |               |               | W               | M               | W             | M             | W             | M             | W             | M             | W             | M             | W/QF          | M/QF          | W/SF          | M/SF          | W/F           | M/F           |
| Makuhari Messe Hall A            | Wrestling           | Freestyle Greco-Roman                            |               |               |               |                 |                 |               |               |               |               |               |               | 11:00 - 13:30 | 11:00 - 13:30 | 11:00 - 13:30 | 11:00 - 13:30 | 11:00 - 13:30 | 11:00 - 13:30 |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               | 18:00 - 21:30 | 18:00 - 21:30 | 18:00 - 21:30 | 18:00 - 21:30 | 18:00 - 21:30 | 18:00 - 21:30 |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               | M/W/QF/SF     | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/F         |               |
|                                  | Taekwondo           |                                                  |               |               |               | 10:00 - 17:00   | 10:00 - 17:00   | 10:00 - 17:00 | 10:00 - 17:00 |               |               |               |               |               |               |               |               |               |               |               |               |
| Makuhari Messe Hall B            |                     |                                                  |               |               |               | 19:00-22:40     | 19:00-22:40     | 19:00-22:40   | 19:00-22:40   |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               | M/W/QF/SF/F     | M/W/QF/SF/F     | M/W/QF/SF/F   | M/W/QF/SF/F   |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  | Fencing             |                                                  |               |               |               | 09:00 - 15:35   | 08:30 - 16:00   | 08:30 - 16:10 | 09:00 - 14:50 | 09:00 - 14:50 | 09:00 - 16:45 | 09:00 - 14:50 | 09:00 - 14:50 | 09:00 - 16:30 |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               | 17:20 - 21:35   | 17:20 - 21:40   | 18:20 - 20:35 | 18:20 - 20:35 | 18:20 - 21:25 | 18:20 - 20:35 | 18:20 - 20:35 | 18:20 - 20:35 | 18:20 - 21:15 |               |               |               |               |               |               |               |
| Tsurigasaki Surfing Beach        |                     |                                                  |               |               |               | M/W/QF/SF/F     | M/W/QF/SF/F     | M/W/QF/SF/F   | W/QF/SF/F     | M/QF/SF/F     | W/QF/SF/F     | M/QF/SF/F     | W/QF/SF/F     | M/QF/SF/F     |               |               |               |               |               |               |               |
|                                  | Surfing *           |                                                  |               |               |               |                 | 07:00 - 16:20   | 07:00 - 17:40 | 07:00 - 15:00 | 08:00 - 13:00 |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 | M/W             | M/W           | M/W/QF/SF     | M/W/F         |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Saitama Super Arena              | Basketball          | Basketball                                       |               |               |               |                 | 10:00 - 12:00   | 10:00 - 12:00 | 10:00 - 12:00 | 10:00 - 12:00 | 10:00 - 12:00 | 10:00 - 12:00 | 10:00 - 12:00 | 10:00 - 12:00 | 10:00 - 12:00 | 10:00 - 12:00 | 10:00 - 12:00 |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 | 13:40 - 15:40   | 13:40 - 15:40 | 13:40 - 15:40 | 13:40 - 15:40 | 13:40 - 15:40 | 13:40 - 15:40 | 13:40 - 15:40 | 13:40 - 15:40 | 13:40 - 15:40 | 13:40 - 15:40 | 13:40 - 15:40 |               |               | 11:30 - 13:30 | 11:30 - 13:50 |
|                                  |                     |                                                  |               |               |               |                 | 17:20 - 19:20   | 17:20 - 19:20 | 17:20 - 19:20 | 17:20 - 19:20 | 17:20 - 19:20 | 17:20 - 19:20 | 17:20 - 19:20 | 17:20 - 19:20 | 17:20 - 19:20 | 17:20 - 19:20 | 17:20 - 19:20 | 16:00 - 18:00 | 16:00 - 18:00 | 16:00 - 18:00 |               |
|                                  |                     |                                                  |               |               |               |                 | 21:00 - 23:00   | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:00 | 21:00 - 23:00 | 20:00 - 22:00 | 20:00 - 22:00 | 20:00 - 22:20 |               |
| Asaka Shooting Range             |                     |                                                  |               |               |               | M               | M/W             | W             | M             | M/W           | W             | M             | M/W           | W             | M/QF          | W/QF          | M/SF          | W/SF          | M/W/F         | W/F           |               |
|                                  | Shooting            | (Rifle & Pistol)                                 |               |               |               | 08:30 - 16:30   | 09:00 - 16:30   |               | 09:00 - 16:30 |               | 09:00 - 12:45 | 09:00 - 14:30 | 11:30 - 16:45 | 09:00 - 14:15 | 09:00 - 17:00 |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               | M/W/F           | M/W/F           |               | Mix/F         |               | W             | W/F           | W/F           | M             | M/F           |               |               |               |               |               |               |
|                                  | Shooting            | (Shotgun)                                        |               |               |               |                 | 09:00 - 16:00   | 09:00 - 17:00 |               | 09:00 - 16:00 |               | 09:00 - 17:00 |               | 09:00 - 15:30 |               |               |               |               |               |               |               |
| Kasumigaseki Country Club        |                     |                                                  |               |               |               | M/W             | M/W/F           |               |               | M/W           | M/W/F         |               | Mix/F         |               |               |               |               |               |               |               |               |
|                                  | Golf                |                                                  |               |               |               |                 |                 |               |               |               | 07:30 - 15:30 | 07:30 - 15:30 | 07:30 - 15:30 | 07:30 - 16:00 |               |               | 07:30 - 15:30 | 07:30 - 15:30 | 07:30 - 15:30 | 07:30 - 16:00 |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               | M             | M             | M             | M/F           |               |               | W             | W             | W             | W/F           |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Enoshima Yacht Harbour           | Sailing             |                                                  |               |               |               |                 | 12:00 - 18:00   | 12:00 - 18:00 | 12:00 - 18:00 | 12:00 - 18:00 | 12:00 - 18:00 | 12:00 - 18:00 | 12:00 - 18:00 | 12:00 - 18:00 | 12:00 - 18:00 | 12:00 - 18:00 | 12:00 - 18:00 |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 | M/W             | M/W           | M/W           | M/W           | M/W           | M/W           | M/W/F         | M/W/F         | M/W/F         | M/W/F         | M/W/F         |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Izu Velodrome                    | Cycling             | Track                                            |               |               |               |                 |                 |               |               |               |               |               |               |               | 15:30 - 19:00 | 15:30 - 19:00 | 15:30 - 19:00 | 15:30 - 19:00 | 15:30 - 19:00 | 15:30 - 19:00 | 10:00 - 12:30 |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/QF/SF/F   | M/W/QF/SF/F   |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Izu MTB Course                   | Cycling             | Mountain Bike                                    |               |               |               |                 |                 | 15:00 - 17:00 | 15:00 - 17:00 |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 | M/F           | W/F           |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Fuji International Speedway      | Cycling             | Road (Road Race [Finish], Individual Time Trial) |               |               |               | (11:00) - 18:15 | (13:00) - 17:35 |               |               | 11:30 - 17:20 |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               | M/F             | W/F             |               |               | M/W/F         |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Fukushima Azuma Baseball Stadium | Baseball・Softball   | (Baseball)                                       |               |               |               |                 |                 |               |               | 12:00 - 15:00 |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     | (Softball)                                       | 10:00 - 12:00 |               |               |                 |                 |               |               | M             |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  | W             |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Yokohama Baseball Stadium        | Baseball/Softball   | (Baseball)                                       |               |               |               |                 |                 |               |               |               |               | 12:00 - 15:00 | 12:00 - 15:00 | 12:00 - 15:00 | 12:00 - 15:00 |               | 12:00 - 15:00 |               |               | 12:00 - 15:00 |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 | 19:00 - 22:00 |               | 19:00 - 22:30 |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               | M             | M             | M             | M             | M             | M             | M             | M             |               | M/F           |               |
|                                  |                     | (Softball)                                       |               | 10:00 - 12:00 |               | 10:00 - 12:00   | 10:00 - 12:00   | 10:00 - 12:00 |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Sapporo Dome                     |                     |                                                  | 14:30 - 16:30 | 14:30 - 16:30 |               | 14:30 - 16:30   | 14:30 - 16:30   | 14:30 - 16:30 | 14:30 - 16:30 |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  | 19:00 - 21:00 | 19:00 - 21:00 |               | 19:00 - 21:00   | 19:00 - 21:00   | 19:00 - 21:00 | 19:00 - 21:30 |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  | W             | W             |               | W               | W               | W             | W/F           |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Miyagi Stadium                   | Football            |                                                  | 16:30 - 21:30 | 16:30 - 21:30 |               | 16:30 - 21:30   | 16:30 - 21:30   |               |               | 16:30 - 21:30 |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  | W             | M             |               | W               | M               |               |               | M             |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Ibaraki Kashima Stadium          | Football            |                                                  |               | 16:30 - 21:30 |               |                 | 16:30 - 21:30   |               | 16:30 - 21:30 |               |               |               | 18:00 - 21:00 | 18:00 - 21:00 |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               | M             |               |                 | M               |               | W             |               |               |               | W/QF          | M/QF          |               | W/SF          | M/SF          |               | W/B           |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| Saitama Stadium                  | Football            |                                                  |               |               |               | 16:30 - 21:30   | 16:30 - 21:30   |               | 19:30 - 21:30 | 16:30 - 21:30 |               | 20:00 - 23:00 | 20:00 - 23:00 |               |               | 20:00 - 23:00 |               |               | 20:00 - 23:00 |               |               |
|                                  |                     |                                                  |               |               |               | W               | M               |               | W             | M             |               | W/QF          | M/QF          |               |               | M/SF          |               |               | M/B           |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
| International Stadium Yokohama   | Football            |                                                  |               | 16:30 - 21:30 |               |                 | 16:30 - 21:30   |               | 19:30 - 21:30 | 16:30 - 21:30 |               | 20:00 - 23:00 | 20:00 - 23:00 |               | 20:00 - 23:00 |               |               |               |               | 20:00 - 23:00 |               |
|                                  |                     |                                                  |               | M             |               |                 | M               |               | W             | M             |               | W/QF          | M/QF          |               | W/SF          |               |               |               |               | M/F           |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |
|                                  |                     |                                                  |               |               |               |                 |                 |               |               |               |               |               |               |               |               |               |               |               |               |               |               |

This session competition schedule is subject to amendments up until the conclusion of Tokyo 2020 Olympic Games.

\* Surfing Festival will be held from Day 2 to Day 9.